

# In-House Company Therapist

## Role Overview

We are looking for an experienced and compassionate in-house therapist to join our team. The successful candidate will provide in-house therapy services to our employees, and the employees of our clients, across multiple office locations. This role involves offering individual and group therapy sessions, developing wellness programmes, and collaborating with HR and management to create a supportive workplace environment.

## Job Type & Hours

Full Time, Permanent

09:00 - 17:00 PM, with one hour for lunch Monday - Friday

## Salary

Up to £50,000 per annum depending on experience

## Location

Hybrid, with flexibility to travel between different office locations as needed.

Our offices are based across England and Wales

## Roles and Responsibilities:

- Provide confidential individual and group therapy sessions
- Conduct initial assessments and develop personalised support plans
- Offer crisis intervention and support, if needed
- Develop and implement wellness and mental health programmes
- Conduct workshops and seminars on various mental health topics
- Collaborate with HR and management to identify and address workplace stressors
- Provide feedback to the business on areas for improvement and practices we should continue to uphold
- Assist managers with enhancing their team management skills
- Stay up to date with the latest developments in mental health and wellness
- Promote a culture of mental health awareness and support within the company

## Personal Attributes:

- A keen awareness of people and their behaviour
- A passion for growth, development and continued learning
- The ability to relate to a wide range of people and develop trusting rapport
- The ability to empathise with others and develop positive relationships
- Excellent communication skills, critical thinking and problem-solving skills
- The ability to work on your own as well as in consultation with others
- A responsible and professional approach with a strong commitment to maintaining the confidentiality of sensitive information and respecting the privacy of all employees
- Emotional resilience and maturity
- Self-awareness and high emotional literacy
- An ability to comfortably address any issues of stigma surrounding mental health

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## **Professional Requirements & Experience.**

- Accreditation/registration as a therapist, counsellor, or psychologist with a professional body (e.g. BACP, UKCP)
- Minimum of 450 hours of formal training (on a BACP Accredited diploma or other substantial counselling course)
- Minimum of 450 hours of supervised practice with clients, including corporate experience
- Therapy clients will primarily be solicitors, therefore, while not required, experience in the legal industry would be advantageous
- Knowledge of diverse therapeutic approaches and interventions

## **Why work for RockMS?**

RockMS is a successful and progressive company, run by the people who founded one of the leading criminal defence and family law practices in the South of England. We expect a lot from our employees but in return we offer:

- Good opportunities for development and career progression
- The ability to earn up to 30 days of holiday with years of service (standard holiday packages start at 21 days plus all bank holidays);
- Additional paid day off on your birthday.
- Ability to purchase a further 5 days of holiday each year.
- Discretionary additional holiday days given at Christmas (up to a maximum of 2 days)
- Flexible working schemes available to all employees.
- Private medical health care with the option to add optical and dental care.
- Discounted gym memberships.
- Fresh fruit baskets in each office on a weekly basis.
- Cycle to work scheme.
- Unlimited access to online based training.
- Employee assistance programme with access to physical, mental and emotional health advice & webinars, wellbeing videos and programmes, online counselling & mini health checks.

## **How to apply**

We welcome applicants from all backgrounds and are committed to providing accommodations to ensure a fair and equitable hiring process.

Interested candidates should submit their CV, cover letter, and professional references to [recruitment@rockms.co.uk](mailto:recruitment@rockms.co.uk). If you require any accommodations during the application process, please let us know.

**RockMS is an equal opportunity employer. We celebrate diversity and are committed to creating an inclusive environment for all employees.**